

Macmillan Cancer Support, registered charity number 261017

www.castlesbikeride.co.uk – Register online



**WE ARE
MACMILLAN.
CANCER SUPPORT**

The 20th Castles Mountain Bike Ride

Sunday 5th June 2016 -- 10am

Starting and finishing from Croft Sports Centre,
Marlborough Lane, Swindon, SN3 1RA (OS Grid Ref 160830)

Choice of 10, 20 and 30 mile approx distance

Pre-registered adult entries: £12

On the day of registration adult: £15

Family ticket pre-day (2 adults 2 children): £25

Family ticket on the day (2 adults 2 children): £35

Children under 16 must be accompanied by an adult charge £5 per child

Proof of age may be required for on day entries

Contact: Event Organisers

Email – macteam@castlesbikeride.co.uk

Contact: Course Organiser (Lew Lawton)

Email -- cycle.medic@btinternet.com

Proudly sponsored by Mitchell Cycles
and Swindon Cycles Superstore



MITCHELL CYCLES

SWINDON CYCLES

Superstore

About the 20th anniversary Castles Mountain Bike Ride

The Ride will leave from Croft Sports Centre at 10am and head towards a picturesque route on and off road to the Ridgeway, which is situated about four miles to the south. The ride follows the Ridgeway along ancient byways, tracks and bridle ways in a scenic loop of the Downs but always within a ten mile radius of the start/finish of the 30 mile course. Shorter course options of 10 and 20 miles are available (distances are approximate). Light refreshments will be provided.

The routes will be clearly marked and we have marshals positioned at strategic points. You should bring at least a spare tube , puncture repair kit and pump, and make sure your bike is well prepared.

It is a condition of Entry that all riders adhere to the Highway and Country Codes and obey instructions from the Police and Marshals. Please wear suitable clothing and we strongly advise that you wear a helmet.

IMPORTANT – please dismount for your own safety if you find any part of the track difficult to ride over.

The Macmillan Trophy donated by Mitchell Cycles will be presented to the largest finishing group of four or more riders who complete the 20 or 30 mile course (to qualify groups must register as a team before the 27th May 2016).

A bicycle, donated by Mitchell Cycles, will be presented to the person who raises, and hands in, the greatest amount of sponsorship money by 26th August 2016. There will be no prize for the first rider home.

We are extremely grateful to Mitchell Cycles for their sponsorship of the event, as well as the support from other organisations and individuals listed on our website.

Supporting Macmillan Cancer Support

Macmillan Cancer Support improves the lives of people affected by cancer. Every day 10 people in Wiltshire are diagnosed with cancer. Macmillan is a source of support to these people, providing practical, medical, emotional and financial support.

Last year's Mountain Bike Ride raised over £10,000 -- an incredible amount, enabling us to continue to provide vital support to people living with cancer, their carers and families.

One in three of us will get cancer. With your support we can ensure that none in Wiltshire will face cancer alone.

The 20th Castles Mountain Bike Ride -- 5th June 2016

You can register online at www.castlesbikeride.co.uk

ENTRY FORM

Name (please print clearly)

Address

Postcode

Age (if under 16)

Telephone

Email

Family event open to all ages. Riders under 16 years of age must be accompanied by an adult. Proof of age may be required for on day entries. I accept that whilst reasonable effort is made to ensure my safety, I ride in this event entirely at my own risk. I accept that the organisers and sponsors will not be liable for loss or damage to personal effects, personal accident or injury to me during this event. If the day of the event suffers from extreme weather or other unforeseen circumstances, the organisers reserve the right to cancel the event. Please check our website on the day of the event if in doubt.

Signed _____ Date _____

(parent/guardian to sign for entrants 16 and under)

Please send this completed entry form together with a cheque or postal order, payable to Macmillan Cancer Support, to:

The Mac Team
1a Scarborough Road
Swindon
SN2 1LT

Email: macteam@castlesbikeride.co.uk

Further entry and sponsor forms are available from www.castlesbikeride.co.uk

please enclose a stamped self addressed envelope if you require acknowledgment of your entry.



This leisurely ride along some of England's oldest roads with breathtaking views is suitable for everyone from beginner to experienced cyclist. Join us for a fun day out for the family. By taking part you will be helping Macmillan Cancer Support improve the lives of people living with cancer.

**THANK
YOU** **WE ARE
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We thank you for your support.